

JEDÁLNY LÍSTOK NA DNI 04.03.2019 - 08.03.2019 [a]

| íslo a názov jedla (alergény) | | Hmotnos | porcií | A | B | C | D |
|-------------------------------|--------|---|--------|-----|-----|-----|---|
| 04.03.2019 PONDELOK | | | | | | | |
| DESIATA | 02.003 | Cereálne výrobky s mliekom [Mlieko] | 160 | - | - | - | g |
| OBED | 05.015 | Polievka fazu ová kyslá so zemiakmi [Mlieko, Siri itany] | 180 | 200 | 220 | 250 | g |
| | 04.018 | Varené zemiaky [Siri itany] | 15 | 20 | 25 | 30 | g |
| | 13.059 | Špagety s mäsom a syrom [Mlieko] | 175 | 230 | 270 | 310 | g |
| | 01.010 | aj ierny s citrónom | 150 | 200 | 200 | 250 | g |
| OLOVRANT | 03.009 | Chlieb na olovrant [Obilniny, Vajcia, Mlieko] | 55 | - | - | - | g |
| | 02.040 | Nátierka syrová s cesnakom [Mlieko] | 20 | - | - | - | g |
| | 01.005 | aj ovocný | 150 | - | - | - | g |
| 05.03.2019 UTOROK | | | | | | | |
| DESIATA | 02.008 | Nátierka cibú ová [Vajcia, Mlieko] | 20 | - | - | - | g |
| | 03.007 | Chlieb na desiatu [Obilniny, Vajcia, Mlieko] | 55 | - | - | - | g |
| | 01.006 | aj ovocný s medom | 150 | - | - | - | g |
| OBED | 05.082 | Polievka sedliacka s mliekom [Mlieko, Zeler, Siri itany] | 180 | 200 | 220 | 250 | g |
| | 04.018 | Varené zemiaky [Siri itany] | 15 | 20 | 25 | 30 | g |
| | 07.026 | Brav ové stehno špikované zeleninou [Mlieko, Zeler, Siri itany] | 107 | 123 | 144 | 166 | g |
| | 17.011 | Ryža dusená | 110 | 150 | 170 | 190 | g |
| | 01.010 | aj ierny s citrónom | 150 | 200 | 200 | 250 | g |
| | 24.056 | Šalát z kyslej kapusty s kapiou | 55 | 90 | 90 | 110 | g |
| OLOVRANT | 02.006 | Maslo [Mlieko] | 15 | - | - | - | g |
| | 02.085 | Zeleninová obloha - kaleráb skorý | 12 | - | - | - | g |
| | 03.009 | Chlieb na olovrant [Obilniny, Vajcia, Mlieko] | 55 | - | - | - | g |
| | 01.010 | aj ierny s citrónom | 150 | - | - | - | g |
| 06.03.2019 STREDA | | | | | | | |
| DESIATA | 21.019 | Krupicová kaša [Obilniny, Mlieko] | 200 | - | - | - | g |
| OBED | 05.119 | Polievka z vaje nej zápražky [Obilniny, Vajcia, Mlieko, Zeler, Siri itany] | 180 | 200 | 220 | 250 | g |
| | 10.015 | Rybíe filé pe ené na masle [Ryby, Mlieko] | 42 | 48 | 57 | 69 | g |
| | 17.020 | Zemiaková kaša II. [Mlieko, Siri itany] | 130 | 195 | 240 | 295 | g |
| | 17.063 | Zelenina miešaná na anglický spôsob [Obilniny, Mlieko, Zeler, Siri itany] | 110 | 140 | 160 | 180 | g |
| | 01.026 | Voda s ovocným sirupom s najmenej 50 % ovocnej zložky | 150 | 200 | 200 | 250 | g |
| | 22.005 | Mandarínky | 96 | 150 | 150 | 200 | g |

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|-------------------------------|--------|---|--------|-----|-----|-----|---|
| OLOVRANT | 02.070 | Nátierka z rybieho filé [Ryby, Mlieko] | 20 | - | - | - | g |
| | 03.009 | Chlieb na olovrant [Obilniny, Vajcia, Mlieko] | 55 | - | - | - | g |
| | 01.010 | aj ierny s citrónom | 150 | - | - | - | g |
| 07.03.2019 ŠTVRTOK | | | | | | | |
| DESIATA | 02.031 | Nátierka medová [Mlieko] | 20 | - | - | - | g |
| | 03.007 | Chlieb na desiatu [Obilniny, Vajcia, Mlieko] | 55 | - | - | - | g |
| | 01.010 | aj ierny s citrónom | 150 | - | - | - | g |
| OBED | 05.007 | Polievka cesnaková so zemiakmi [Obilniny, Mlieko, Siri itany] | 180 | 200 | 220 | 250 | g |
| | 04.018 | Varené zemiaky [Siri itany] | 15 | 20 | 25 | 30 | g |
| | 07.010 | Brav ové stehno bratislavské [Mlieko, Zeler, Siri itany] | 136 | 172 | 188 | 214 | g |
| | 17.005 | Kned a kysnutá [Obilniny, Vajcia, Mlieko] | 80 | 90 | 120 | 150 | g |
| | 01.046 | Jablkovo-hrušková š ava | 150 | 200 | 200 | 250 | g |
| | 01.010 | aj ierny s citrónom | 150 | 200 | 200 | 250 | g |
| OLOVRANT | 02.032 | Nátierka mrkvová [Vajcia, Mlieko, Siri itany] | 20 | - | - | - | g |
| | 03.009 | Chlieb na olovrant [Obilniny, Vajcia, Mlieko] | 55 | - | - | - | g |
| | 01.005 | aj ovocný | 150 | - | - | - | g |
| 08.03.2019 PIATOK | | | | | | | |
| DESIATA | 02.012 | Nátierka drož ová [Vajcia, Mlieko] | 20 | - | - | - | g |
| | 03.007 | Chlieb na desiatu [Obilniny, Vajcia, Mlieko] | 55 | - | - | - | g |
| | 01.010 | aj ierny s citrónom | 150 | - | - | - | g |
| OBED | 05.064 | Polievka mrvenicová s hubami / šampi ónmi [Obilniny, Vajcia, Siri itany] | 180 | 200 | 220 | 250 | g |
| | 04.018 | Varené zemiaky [Siri itany] | 15 | 20 | 25 | 30 | g |
| | 15.006 | Cestovina bez posýpky [Mlieko] | 145 | 185 | 210 | 270 | g |
| | 16.004 | Posýpka maková na cestoviny [Vl í báb] | 29 | 38 | 48 | 58 | g |
| | 01.012 | Mlieko kakaové [Mlieko] | 150 | 200 | 200 | 250 | g |
| OLOVRANT | 21.008 | Jablkové pyré | 100 | - | - | - | g |